



Raising Resilient Children

An exploration in the relationship between physical & emotional health and how we as parents have the power to foster growth and grit in our kids.

Mondays
March 28 & April 4
6 pm -7:30pm
live via Zoom

Join local trauma informed pediatrician Dr. Grace Lim and social and behavioral health educator Lea Payne Scott, M.P.H. in this two-part online workshop. Learn specific interventions you can use right away! Register at SLOLibrary.org



Helping families thrive.



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